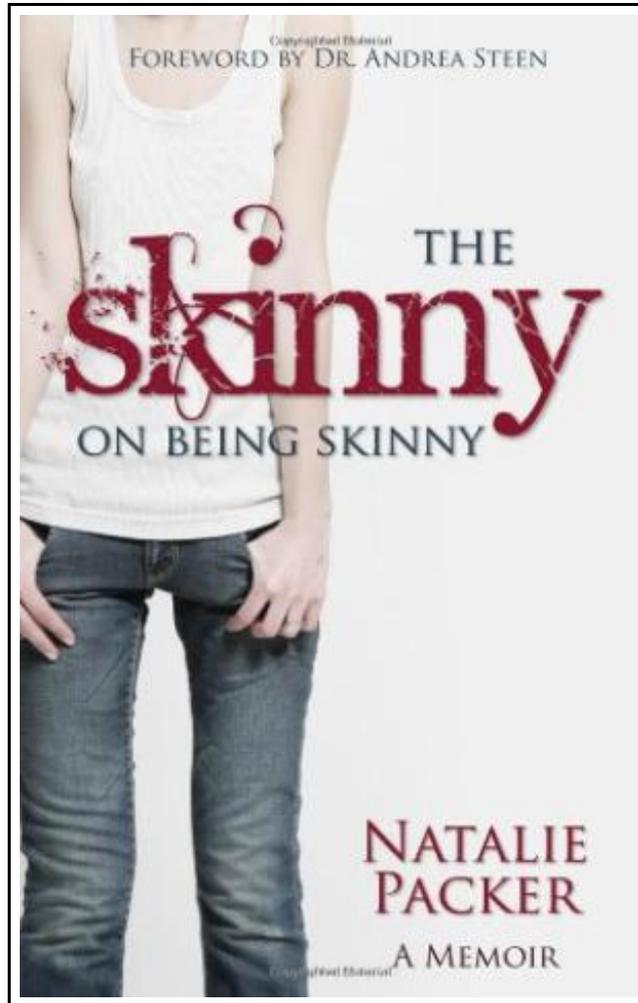


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Word Alive Press, United States, 2012. Paperback. Book Condition: New. 201 x 124 mm. Language: English . Brand New Book ***** Print on Demand *****.This is a memoir, a journey through a young girl s life, from infancy to maturity, from sickness to health, from darkness to light, from fear to freedom. in Christ. It illuminates the struggles our youth face and how a lack of true relationship with God contributes to the destruction of one s body image and self-esteem. As the author nears death, she comes face-to-face with a loving, forgiving, gracious God and hope springs anew. Miracles abound and a life spent in worship ensues. The story is realistic and relevant, demonstrating that having faith doesn t eliminate obstacles. However, faith provides the tools necessary to meet these challenges and overcome them. Literature on eating disorders is scarce, particularly in Canada, and practically unheard of from a Christian perspective. Originally written to inspire families of those struggling with eating disorders, its audience encompasses anyone from those fighting body image issues or addiction to those seeking a fresh perspective on faith. This truly is the skinny on being skinny, a plea for God to help each of His creations appreciate their uniqueness. About the Author: Natalie has degrees in pharmacy and nutrition consulting and has worked as a pharmacist for ten years. Her true passion lies in helping others attain positive mental health and she uses her experience as a recovering anorexic as encouragement and support. She has written this memoir as a means of increasing awareness of eating disorders as a true mental illness, as a source of hope for loved ones of those who are struggling, and as a way to raise money for local eating disorder programs. When not engaged in advocacy, Natalie enjoys spending...



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