

No More Clutter

no more clutter

How to clear your space
and free your life



SUE KAY

Filesize: 7.39 MB

Reviews

An extremely wonderful book with perfect and lucid information. This can be for all those who statte there had not been a really worth reading through. Its been written in an exceptionally easy way and it is only after i finished reading this ebook in which actually modified me, alter the way i really believe.

(Kaelyn Reichel)

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Hodder & Stoughton General Division. Paperback. Book Condition: new. BRAND NEW, No More Clutter, Sue Kay, Clutter affects us all: stressed time-poor professionals, couples rowing over their junk, older people with a lifetime's accumulated possessions, people working from home, growing families and people facing life changes such as divorce or bereavement. As we all consume and acquire more and more stuff, we feel increasingly overwhelmed by our possessions. NO MORE CLUTTER is the ultimate guide to liberating ourselves from the tyranny of clutter. It has simple practical solutions to immediate problems as well as advice on tackling the challenge of staying clutter-free in the long term, by getting to grips with the psychology of hoarding and the ethical basis for simplifying our lives. With case studies which pinpoint common clutter triggers such as moving house or divorce and practical tips on everything from tidying the cutlery drawer to creating your ideal harmonious home, NO MORE CLUTTER is the essential tool for streamlining your life.

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