



## Abused Irritable Bowel Syndrome What causes IBS and What To Do About It

By Vikas Khurana Md

MD Conserver, LLC. Paperback. Book Condition: New. Paperback. 58 pages. Dimensions: 9.0in. x 6.0in. x 0.1in. Abused Bowel Syndrome (ABS) is more appropriate and meaningful term to define the symptoms of Irritable Bowel Syndrome. Once you abuse your bowels by ignoring warning signs they will eventually cry out in pain and if the pain is ignored, additional symptoms will result. This has resulted in significant suffering and confusion for the patients with Irritable Bowel Syndrome. If you or a loved one has suffered from Irritable Bowel Syndrome this book is for you. Patients continue to search for the cause of their suffering, while they are given complex diagnosis to explain their symptoms. Current treatments provide unpredictable relief. The book presents the scientific concepts in an easy to understand and practical way. After reading this book you will understand why the gut acts up and what to do to prevent the symptoms of Irritable Bowel Syndrome from taking over your life. WHY SHOULD YOU READ THIS BOOK There is a large group of patients who continue to suffer and search for the cause of their Irritable Bowel Syndrome. Their symptoms have been classified and sub-classified but the majority of them are provided...

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